

Getting Comfortable with Numbers, Syllables, and Letter Names

Chanting/Singing consecutively, both backwards and forwards, is easy—then things get more complicated!

1 2 3 4 5 6 7 1 7 6 5 4 3 2 1
Do re mi fa sol la ti do ti la sol fa mi re do
C D E F G A B C B A G F E D C

* * *

1
121
12321
1234321
123454321
12345654321
1234567654321
123456717654321

1
171
17671
1765671
176545671
17654345671
1765432345671
176543212345671

* * *

1-3-2-4-3-5-4-6-5-7-6-1(8)-7-2-1

1(8)-6-7-5-6-4-5-3-4-2-3-1-2-7-1

* * *

1 2 3 2 1	1(8) 7 6 7 1(8)
2 3 4 3 2	7 6 5 6 7
3 4 5 4 3	6 5 4 5 6
4 5 6 5 4	5 4 3 4 5
5 6 7 6 5	4 3 2 3 4
6 7 1(8) 7 6	3 2 1 2 3
7 1(8) 2 1(8) 7-1	2 1 7 1 2--1