

The President's Lecture Series
In collaboration with the M.K. Gandhi Center,
President Saúl Jiménez-Sandoval proudly hosts

5 - 6:30 p.m., Wednesday, October 18

*The Ruiz, Lynda and Stewart Resnick Student Union
Moderated Q&A following the lecture.*

Registration is required to attend.

To attend in person, register [here](#) by using code 2310.
Note, there is limited in-person seating.

A livestream option is also available, register [here](#) to receive the link.



Mallika Chopra

Mallika Chopra is a mom, media entrepreneur, published author, and a notable voice in the fields of parenting, meditation and the power of intention. She is the author of 8 books, including "Living With Intent - My Somewhat Messy Journey to Purpose, Peace and Joy" and the Just Be Series - Just Breathe, Just Feel, and Just Be You - a trilogy of illustrated how-to books for children (and the adults in their lives). These books provide simple tools to understand and support social and emotional knowing, resilience, meditation, mindfulness and self-reflection. In her newest book, Buddha and the Rose, she and illustrator Neha Rawat breathe life into this simple but poignant story of awareness, wonder, and the joy of being present and open to seeing the world in new ways. Mallika has taught meditation to thousands of people, and is currently a mindfulness consultant for the animated series, Stillwater, on Apple TV+. She enjoys speaking to audiences around the world about intention, balance and living a life of purpose. Mallika has a BA from Brown University, an MBA from Kellogg Business School, and an MA in Psychology and Education with a mind body spirit concentration from Teachers College, Columbia University.

Fresno State is committed to providing universal access to all our events.

Please contact the Office of the President at 559.278.0178 to request disability accommodations.

This event is in collaboration with the M.K. Gandhi Center: Inner Peace and Sarvodaya. The center is housed in the Department of Philosophy at Fresno State and encourages the study, analysis, and applications of Gandhi's philosophy of self-transformation and social change through the practice of inner peace and uplift of all (sarvodaya).

For more information, please contact the Director of the Gandhi Center, Dr. Veena Howard, at vehoward@csufresno.edu.

